THE Leaves OF EALL SPRING 2020 CREEK

COVID-19 UPDATES

Hi Fall Creek Friends and Neighbors!

The COVID-19 pandemic has affected all of us in the last several weeks and will probably continue to affect us in the weeks to come. As a precaution, most Fall Creek Committee activities have been cancelled or postponed – including our monthly Crime Watch Committee meetings.

(Note: The CWC Block Party event is still scheduled for May 16th, but will most likely be postponed to a later date. We will do our best to keep everyone updated via Nextdoor and/or fallcreekhouston.com.)

In terms of security within Fall Creek, please see the below message from the Harris County Sherriff's Office:

At this time, the COVID-19 pandemic has had little impact on patrol and criminal investigation activities. Deputies continue to patrol our streets and neighborhoods, responding to calls for service that require a law enforcement presence. Investigators are still responding to crime scenes, particularly those involving violence. In order to minimize unnecessary physical contact with our community, the Sheriff's Office is restricting public access to storefronts and substations. Residents may still access reports online.

Offense/Incident reports: https://harriscountyso.org/Records/HCSO_RAR_IFrame_02.aspx

Accident reports: https://cris.dot.state.tx.us/public/Purchase/app/home/welcome

The Sheriff's Office has also increased the number of Deputies tasked with taking non-emergency reports by phone at 713-221-6000 (option 6) or via the HCSO's website.

As related to safety, the "Stay Home, Work Safe" mandate means there are many children at home & an abundance of residents out walking, jogging or riding bicycles. The Crime Watch Committee urges you to practice safe driving in our neighborhood. Watch your speed, observe stop signs & keep your eyes open for pedestrians.

And, please stay safe! Wash your hands often, practice safe distancing at all times & stay up to date via the Center for Disease Control & Prevention: https://www.cdc.gov/coronavirus/2019-ncov/index.html

We would also like to take this time to acknowledge the value of our public servants – first responders, doctors and nurses are truly fighting on the front line of this battle & we are grateful for all they do (today & every day).

The FC CWC will continue to do our best to serve Fall Creek during these trying times. Should you need to contact us, please do not hesitate to reach out to us via email: fallcreekcrimewatch@gmail.com.

Thanks & Stay Safe,

Fall Creek Crime Watch Committee

What's Inside

FOPAWS	
TENNIS	

FREQUENTLY CALLED NUMBERS Homeowners Association: Spectrum Association Management 281-343-9178 Harris County Sheriff (Non-Emergency) 713-221-6000 Option 6 Eastex Fire Dept. — Emergency # 281-847-3300 Fire / Police (Emergency) Humble Independent School District 281-641-1000 Fall Creek Elementary School 281-641-3400 Woodcreek Middle School 281-641-5200 Summer Creek High School 281-641-5400 Humble Area Chamber of Commerce 281-446-2128 Humble Post Office 281-540 -1775 Electricity: CenterPoint Energy 713-659-2111 Natural Gas: CenterPoint Energy 713-659-2111 Water/WCID #96 SI Environmental 832-490-7600 WCID #96: Residential Recycling and Refuse of Texas 866-516-9805 Water/WCID #49 TNG Utility Corp. 281-350-0895 #49 Trash Pick-up: Aggressive Waste Disposal 713-631-1900 Phone, Internet, Cable: AT&T 800-464-7928 Phone, Internet, Cable: Comcast 713-462-1900 Golf Club of Houston 281-459-7820 The Clubhouse at Fall Creek 281-458-8000 Deceased Animals Pick-up on streets in Fall Creek 281-353-8424

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FALL CREEK FARMERS MARKET

Our community farmers' market is essential and still open. We are encouraging pre-orders and curbside pickup at the market. Please practice social distancing while at the market, make your list, shop swift and safe. Details about pre-orders, curbside pickup, shipping and delivering are available on Saturday afternoon via Nextdoor and Facebook/Instagram: @buylocalfarmersmarket

Fall Creek Farmers' Market
Sundays 9a-1p weekly, rain or shine
The Park at Fall Creek
7930 Fall Creek Bend Dr.
Humble, TX 77396

For vendor spotlights and updates follow, like and share on Facebook and Instagram @buylocalfarmersmarket

See you at the market!

GIVE THE GIFT OF LIFE: DONATE BLOOD TO HELP YOUR COMMUNITY

Blood bank donations are down during this time of sheltering in place, but the need for blood remains.

FIND A BD CENTER NEAR YOU



The U.S. Centers for Disease Control and Prevention said in a statement that blood centers across the country have an urgent need for donations.

"The CDC encourages people who are well to continue to donate blood if they are able, even if they are practicing social distancing because of COVID-19.," the statement says. Further, "CDC is supporting blood centers by providing recommendations that will keep donors and staff safe. Examples of these recommendations include spacing donor chairs 6 feet apart, thoroughly adhering to environmental cleaning practices, and encouraging donors to make donation appointments ahead of time."

Blood banks are considered a critical service, which allows them to stay open. To keep people safe, donors must make an appointment to give blood. Appointments are also staggered to ensure not too many people are together at once.

We highly encourage anyone in our community to support this worthy cause by donating!

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ENJOY NATURE TO STAY WELL DURING CORONAVIRUS —

By Glenn Olsen and Elizabeth White-Olsen, Fall Creek Landscape Committee members

Looking for something fun to do with your family while staying home during coronavirus? Activities that decrease instead of increase anxiety? Now is the perfect time to connect with nature, even in our own backyards. Here are three simple ways we can connect with nature and enjoy life in new ways.

1. Start a house bird list. What birds visit your backyard? Consider having breakfast on the back porch or designate a time to sit by the window. Birds are most active the first few hours of the morning and the last few hours before sunset. Binoculars will help you see more birds, but they're not necessary.

Start a "House Bird List" by taping a piece of paper by the back door or by a window. Every time you see a new species, write it down—along with the date, if you'd like. Over a week, you should see at least five birds. Over a year, you could see 50. If you'd like to attract more birds to your yard, purchase birdseed at the grocery store. Fill a feeder or scatter seed on a brick fence, table, or a plate set in a shady area.

Birds we see in Fall Creek include the Northern Mockingbird, Chipping Sparrow, House Finch, American Goldfinch, Eastern Bluebird, Carolina Chickadee, Mourning Dove, White-winged Dove, American Robin, Blue Jay, Northern Cardinal, and Redwinged Blackbird. Birds that are harder to see, but still present, include Yellow-rumped Warbler, Pine Warbler, Tufted Titmouse, Ruby-crowned Kinglet, Downy Woodpecker, Red-bellied Woodpecker, Fish Crow, Bald Eagle, and Cooper's Hawk. To learn to identify birds by their shape, size, and markings, order a Texas birds or Eastern U.S. birds field guide or visit Houston Audubon or Cornell Lab of Ornithology's websites. Cornell Lab also offers free audio files so you and your family can learn what birds you hear calling. There are also many good birdwatching apps, such as Audubon Bird Guide and Merlin Bird ID. Inaturalist is another good app that includes plants and wildlife besides birds and lets you report what you see.

2. Plant flowers and shrubs to attract birds and butterflies. Most of the plants in Fall Creek home landscapes, such as azaleas, roses, and crepe myrtle—while pretty—don't do much to support birds and butterflies. There are plants that are just as pretty that also provide the nectar, berries, and seeds birds and butterflies need to live.

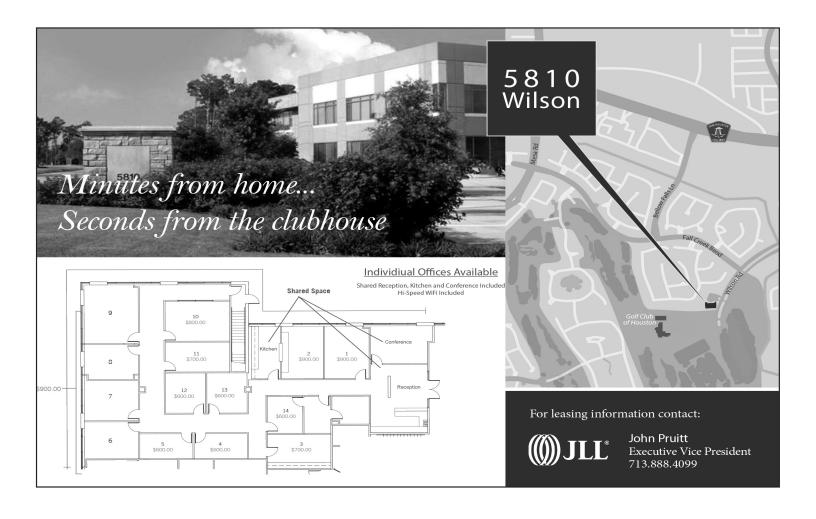
Here are five gorgeous plants and a few of the species they support:

- Turk's Cap—Attracts Ruby-throated Hummingbird and Gulf Fritillary and sulphur butterflies
- · Blue mistflower—Attracts monarch and queen butterflies
- Indian blanket—Attracts buntings, sparrows and finches eat its seeds in fall
- American Basketflower—Attracts sparrows, finches, and Black Swallowtail and American Painted Lady butterflies
- Green Milkweed and Antelope Horn Milkweed—Attracts Monarch Butterflies
- Common Sunflower—Attracts hummingbirds and blue jays, cardinals, finches
- · Dill-Attracts Swallowtail Butterflies
- · American Beautyberry Attracts Northern Mockingbird, Eastern Bluebird and American Robin

These plants can be planted from seed ordered online at Native American Seeds in Junction, Texas (seedsource.com) or purchased as seedlings at Buchanan's in Houston. As of this writing, Native American Seeds is open and Buchanan's is on a two-week hiatus due to coronavirus. Make sure to read the instructions on the packet or go online to learn the best part of the yard to plant them (sun-shade) and whether to plant them in dry soil or the wetter sides of your yard. None of these plants need to be watered—except in drought conditions. Unlike azaleas, roses, and oleander, which are imported from other continents, they've been growing in Texas long before Texas existed. They require little-to-no upkeep.

3. Take nature walks in the woods behind Fall Creek Sports Complex. The playgrounds may be closed, but the cement trails behind the baseball and soccer fields are open. This is an activity kids will love—and need right now. Take along paper and pens to write down or draw what you see. You can even stop and listen—and write down the sounds you hear. Just make sure to practice social distancing and stay six feet apart from others on the trails.

Spending time in nature reduces stress and anxiety and boosts our immune systems, so there may not be a healthier activity or a better gift to our families right now than spending time outdoors. Your friends at FOPAWS









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Dr. Chris Harris is a Board Certified Pediatric Dentist with a Master's Degree in Polymer Science. He graduated with honors from UMMC School of Dentistry and completed his residency in Pediatric Dentistry at the University of Texas. Currentlyhe serves as an Assistant Clinical Professor at the University of Texas School of Dentistry. Dr. Harris and the team pride themselves on providing a comfortable and caring environment for their young patients.

Dr. Robin Stratmann is a Board Certified Orthodontist with a Masters Degree In Orthodontics. She is also a Board Certified Pediatric Dentist. Dual Board certification in both specialties gives her a unique perspective on your child's growth and development. She earned a BS at LSU, and her DDS and MS at University of Texas School of Dentistry. We invite you to join the fun at Northeast Orthodontics!



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Residents, please visit the Fall Creek website and make sure to sign up to receive email notifications on the Community.

fallcreekhouston.com

Food Banks

Food banks across the country are doing what they do best – feeding people in need within their communities. The Feeding America Network is the largest hunger-relief organization in the United States, including disasters and national emergencies.

A donation goes even further than donating hard goods. Rather than paying retail prices, our network of food banks works with major manufacturers, retailers, and farmers to secure healthy food. This means that when you donate a dollar, you're able to put more meals on the tables of families than if you donated food purchased at the store.

A Huge Need

For people already living paycheck-to-paycheck, COVID-19 makes life even more challenging. Many people in this situation are already making tough choices between food and bills, or food and medicine. When hours are cut or jobs are lost completely, as they have been recently, those choices become even more difficult. Often, families won't have enough money to purchase a 14-day supply of food, or don't have enough savings to cover bills if their income is compromised. For those people, and for everyone impacted in need of food, Feeding America's food banks are responding every day, connecting those in need with healthy food.

Article Credit:

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NEW CONSTRUCTION

Dear Residents:

We would like to make you aware of upcoming construction with the install of sidewalks on both sides of Mesa and Wilson north of Fall Creek Bend to the Commercial areas. The construction will start on Mesa and once completed, will continue onto Wilson. Please be mindful over the next 90 days of possible lane closures and an increase of workers in these areas. Please let us know if you have any questions.

Regards, Board of Directors

YARD OF THE SEASON

The judging for the Fall Creek Spring Yard of the Season contest will take place on May 4th-7th and all Fall Creek residents are welcome to participate in the contest! We will be looking for yards with fresh and beautiful landscape designs. Winners will be chosen from each of our 27

Fall Creek villages and will be presented with a "Yard of the Season" sign to place in their front yard for all to enjoy!

Judging will be done by Fall Creek's Property Management Company